

THE PEN

PASADENA ELEMENTARY NEWS, JUNE 2021

MESSAGE FROM THE PRINCIPAL

Dear Panther Families,

The 2020-2021 school year is one for the record books. I want to give special thanks to our students, families, and school staff. New routines, virtual and hybrid learning activities, and changes to our daily schedule were frequent and unprecedented with many family members working alongside our students. Students and school staff continued to embrace the new experiences with online learning and engaging in ways we did not anticipate would continue for most of the school year. Many thanks and much appreciation to our dedicated school staff and our AWESOME PES families.

The school teams will begin planning classes for the 2021-2022 school year. If there is any information you would like to share about your child's academic, physical, or social/emotional needs, please write me a letter or send an email by June 11. The school team will do our best to place students based upon these needs. Unfortunately, I do not accept parent requests for a specific teacher. Instead, I do take recommendations for type of structured setting, learning characteristics that best support that student, etc. Students will continue to re-group for reading and math based upon instructional level, and I cannot guarantee which teacher will instruct a grade or particular group of students. I will do my best to arrange school staff to program for your student's needs specified in writing.

I want to express my gratitude to the families for your on-going support of our faculty and staff. Our PTA and school volunteers have done a wonderful job of supporting our Panthers – THANK YOU. Your continued support has helped to make Pasadena Elementary a special place to grow and learn this year. Your participation and involvement to make virtual events, field trips, and projects successful at our school has been most appreciated. In May, we have especially seen an increase in volunteers to help advocate for a track to be funded and installed on the school's field; cover classes for the mid-day block; and seek resources to help recognize our grade 5 students with a memorable middle school send-off. I urge all families to become involved with the PTA for the 2021-2022 school year.

Please keep the school record for your student up-to-date. If your student will be making a change in schools for next year, please let the office know so we can prepare transfer papers for you in advance. If your address, phone number, or e-mail address has changed, or will change over the summer, please contact the school so we can update your contact information.

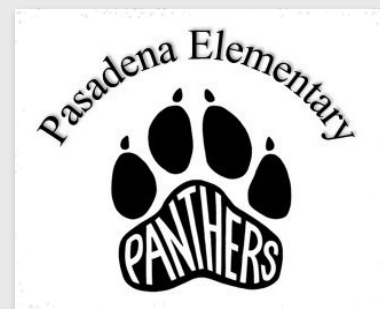
Pasadena Elementary is a site for AACPS summer and Anne Arundel County Parks and Recreation programs. The office will be open from 8am to 4pm, Monday through Thursday beginning June 22 through August 12. All AACPS buildings are closed on Fridays through August 13. We continue to limit access to the school, including the main office, so please call ahead to schedule an appointment.

Wishing you and your family a safe, healthy, and happy summer! I look forward to seeing our Pre-K to grade 5 students in the fall!

Jennifer Quirino, Principal
jquirino@aacps.org

PTA INFO

Hello Panther families! Check out the PES PTA Facebook page or [website](#) to get updates on all of our PTA sponsored activities, just make sure to enable notifications so you don't miss our posts. **Mark your calendar... The next PTA meeting is Tuesday, June 8 at 5:00pm.**



PRE-K & KINDERGARTEN REGISTRATION

You may have a student entering Pre-K & Kindergarten at Pasadena Elementary, registration for the 2021 – 2022 school year began on **April 7, 2021**. This year registration will be completed online at <https://www.aacps.org/enrollment>. **Please note: once you begin the online registration portal you will be unable to save your progress and return to it later.**

To expedite the enrollment of your student the following documents should be uploaded at the time of registration:

- Student Birth certificate
- Parent/Guardian proof of identity
- Required residency documents
- Physical packet (link below) to be completed by your student's doctor
 - Record of Physical Exam
 - Immunization Record
 - Lead Certificate



New Student Physical Packet

All students must have this packet completed for enrollment.

[Download](#)
273.4 KB

PROMOTION – GRADE 5

Like all things during a pandemic, fifth grade promotion will be different this year, but it is happening! On Wednesday, June 16 at 10 am, the promotion video will be shared in each 5th Grade Google Classroom.



Grade 5 students and their families can come to the school for picture opportunities with school staff and pick up a "Swag Bag." There is a sign-up for pictures that was shared by the fifth grade team. If you did not receive, please contact your student's fifth grade homeroom teacher. Each student can have up to 4 family members with them for pictures. It is requested that you remain in your car until your picture time. After pictures, families are asked to immediately depart. There can be no congregating on school grounds.

I-READY CHALLENGE!

The i-Ready platform will be open for students through mid-August. What better way to keep up with skills than by spending 10 minutes a day on My Path in Reading and 10 minutes on My Path in Math? The goal is to reach 300 minutes in each subject area. Students who achieve that goal will be invited to an event in September! A grand prize (TBD) will be awarded to the student logging the most minutes in the grade level. I hope you encourage your student(s) to meet the challenge.

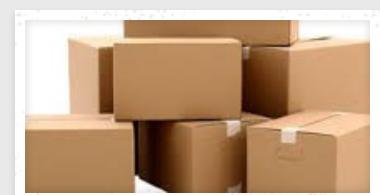


SCHOOL SUPPLIES

We all know that buying school supplies can be exciting, especially for parents who are ready for kids to return to school. School supplies can also be very costly. For the coming school year, you will NOT need to purchase any supplies for your student to use at school other than a backpack and lunch box. All supplies, including tissues and hand soap, will be purchased by the school and given to students. We are fortunate to have this funding for the coming year. You may wish to stock up on supplies for use at home so your student doesn't carry items back and forth daily.

MOVING?

If you are moving this summer to another address, even if that address is in our attendance area, you are required to notify the office and provide proof of residency. Keeping your contact information current is important.



CAFE NEWS WITH MS. ROBIN

We will continue serving meals for curbside pickup from 12:00 - 1:00pm, Monday through Friday until school dismisses on June 18. The dinner program will end on June 30.

For summer, meal pickup will resume on July 6.

SCHOOL MEALS 2021-2022

All school meals (breakfast and lunch) are free to all students effective September 8, 2021, through the last day of school in June 2022.

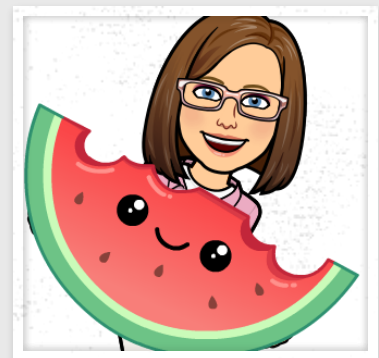
Meal Benefit Applications are still required by the State and will be made available beginning August 2021. Although meals are free, we are required to collect Meal Benefit Applications for programming and funding. To complete a Meal Benefit Application for SY 2021-2022, log onto <https://aacpsschools.org/nutrition/apply-for-free-or-reduced-price-meals/>

If you have any questions regarding the school meals program, please email jrisse@aacps.org or call 410-222-5900.

COUNSELOR'S CORNER WITH MS. NOBLE

Summer Tips for Parents

- 1. Read. Read. Read.** Summer reading should be FUN reading. Help your child read anything and everything that interests him/her. Help your child set up a comfortable and quiet space. Create a schedule for daily reading and set an example by letting your child see you read every day.
- 2. Have Fun with Numbers.** Find creative ways to practice math: ask your child to help you tally the bill at the grocery store, calculate time, follow a recipe.
- 3. Turn off the TV! Turn off the screens!** A little bit of screen time is ok – but too much screen time is not healthy.
- 4. Make ART!** Let the summer months be the time when your child discovers that he or she has the amazing ability to create through art.
- 5. Experiment! Do Science!** Watch an ice cube melt. Grow plants. Play with magnets. Collect rocks.
- 6. Eat smart. Eat healthy.** It's ok to eat ice cream on a hot day – but don't eat only ice cream! Kids need help eating healthy. Without the structure of school, some kids tend to eat tons of junk food.
- 7. Get outside. Take a hike. Play in the sun. Go for a bike ride or a run. Visit a park.** It's important to help your child stay physically active all summer long.



8. Go to a museum! For every child with an interest, there is a museum with a special collection. Find a museum and visit it – whether in person or online.

9. Finally ... go to sleep! Keep a bedtime routine. It's ok for your child to stay up later in the summer but it's still important to make a regular bedtime and routine.

Throughout the summer, please reach out if you need anything! mnoble@aacps.org

READING WITH MRS. CORNETTI

What is AACPS Unites? AACPS Unites is a reading initiative that diversifies student literary experiences by reflecting and celebrating the diversity of the AACPS community. These activities are supplemental to the academic framework; however, they are an awesome way to enhance the home-school connection and bring together our entire school community. For June, the theme is **"Promote Respect"** and include celebrating differences. Here are some books you may want to try out: Lailah's Lunchbox by Reem Faruqi; Giraffes Can't Dance by Giles Andreae; Happy in Our Skin by Fran Manushkin; Maddi's Fridge by Lois Brandt.



The 2021 AACPS Summer Reading Booklists from AACPS Public Libraries can be located here: [Pre-K - 2nd](#) and [3rd- 6th Grade](#).

Please consider participating in the Summer Reading Challenge with AACPS Public Libraries. Information can be located here: [Summer Reading Challenge](#).

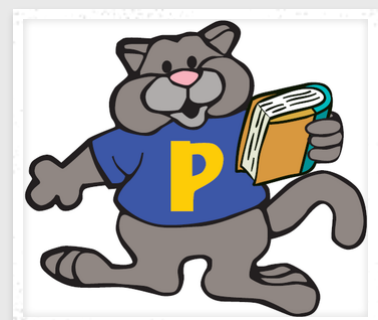
EEE – GLOBAL STUDIES WITH MR. PETERS

Kindergarten and First grade will be wrapping up their Arlington Echo units, "Trees are Terrific" and "Curious About Insects." Second grade will be finishing their unit on Endangered Animals. Intermediate students will be ending the school year with a project called, "Creating for a Cause."



MEDIA CENTER NOTES WITH MRS. BRADSHAW

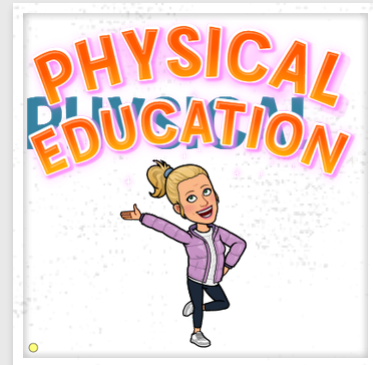
Students in grades K, 1, 2 will be the lucky recipients of up to 6 brand new books, which will be theirs to keep. This has been made possible by a county provided grant. We will distribute these books to our in-person hybrid students on the last days of school. Virtual learners in grade K-2 can pick-up books on June 17 or 18 from 12:30 - 4:00pm.













PHYSICAL EDUCATION WITH MRS. DEAVER

Check out the Health Moves Minds calendar for June. To support our school's application for Wellness School of Distinction, submit pictures of activities you complete via e-mail to cdeaver@aacps.org or tag @PES_AACPS on Twitter.

Have a fun, relaxing, healthy summer! Mrs. Deaver.



 health.moves.minds.						
June 2021 Elementary Mind & Body Calendar						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
National Health Observances <ul style="list-style-type: none"> Alzheimer's & Brain Awareness Month National Safety Month 18: Autistic Pride Day 19: Juneteenth 21-27: Helien Keller Deaf-Blind Awareness Week <p><small>Reproduced with permission from the Society of Health and Physical Educators (SHAPE America)</small></p>		1 Journal This month start a journal. In the journal write about how you feel throughout the day and different things that happened. Small kids can draw pictures and talk about the day.	2 Musical Frogs This game is just like musical chairs except players hop around like frogs and sit on lily pads (pillows).	3 Play Catch Grab any kind of ball and play catch with a family member. Keep your eyes on the ball and catch it with your hands not your body.	4 Limbo Grab a broom stick and have 2 people hold it. Take turns going under the stick arching backwards. Lower the stick after each successful pass. How low can you go?	5 Boat Pose Hold Boat Pose three times for 15 seconds. 
6 Toe Fencing With a partner, hold each other's shoulders. Try to tap the other person's toe without having yours tapped.	7 A Quarter's Worth How much is a quarter worth? Complete 25 of the following: Skip Jump Lift Knees Walk backwards	8 Along the sidewalks alternate between skipping, speed walking, and jogging.	9 Savasana Yoga is a great way to relieve stress. Try Savasana, considered to be the hardest yoga pose! Fully relax & clear your mind. 	10 I, Spy Walk Go for a walk with your family while playing a game of I, Spy.	11 Crawl Like a Seal Lie on your stomach, arms straight out front. Use your arms to pull your lower body along keeping your legs and back straight.	12 Put your favorite song on and make up a dance or fitness routine!
13 Set the Menu Talk with who takes care of you about choosing the dinner menu. Pick items that are healthy and yummy.	14 Nighttime Note Empty your mind before you go to bed by writing a note about what you're thinking and leave it for tomorrow.	15 Star Jumps Jump up with your arms and legs spread out like a star. Do 10 then rest and repeat.	16 Swimming at the pool today. Have fun with friends and family swimming in the pool.	17 Wake and Shake As soon as you get out of bed shake your body any way you like for 10 seconds. Are you up now? Good! Now jump up and down 10 times.	18 Mindful Minute For 60 seconds, clear your mind & only focus on your breathing. If your mind starts to wander, bring your attention back to your breathing. Autistic Pride Day	19 Juneteenth Using the link below, learn about Juneteenth. Go for a walk with a family member or friend and share what you learned while you walk. Juneteenth
20 Jump, Jump Jump side-to-side over an object or line for 1 minute straight. Go again but jump front to back. Repeat each jump twice.	21 Mindful Minute For 60 seconds, clear your mind & only focus on your breathing. If your mind starts to wander, bring your attention back to your breathing.	22 Sidewalk Chalk Balance Draw different kinds of lines on the ground with chalk. Walk along them one foot in front of the other balancing.	23 Downward Dog Hold three times for 20 seconds. Try lifting one leg for an even greater challenge! 	24 Play outside and run through the sprinkler today!	25 H-A-L-T-E-D HALTED stands for Hungry, Angry, Lonely, Tired, Embarrassed, Disappointed. Over the next few days pay attention to your feelings. Do you tend to act differently when you feel one of the letters in HALTED?	26 Bear Walk With your bottom in the air, step forward with your right hand & step forward with your left foot. Step forward with the left hand then the right foot. Continue to move across the room.
27 4 Walls Face each wall in a room and do a different exercise for 30 seconds -side shuffle -grapevine to left then right -wide stance punches -vertical jumps	28 Read & Move Pick a book to read and select an "action word" that will be repeated often. When the "action word" is read stand up and sit down.	29 Happy Baby Pose Straighten your legs for an added challenge. 	30 Journal Part 2 Look over your journal from the month. Did you write something every day? What did you notice about how you feel over the month?	Think about all the activities you did throughout the year. How will you take care of your mind and body over the summer break?	SHAPE America recommends school-age children accumulate at least 60 minutes and up to several hours of physical activity per day. Each bout of physical activity should be followed by cool-down stretches that help reduce soreness and avoid injury.	

DOMINGO	LUNES	MARTES	MIÉRCOLES	JUEVES	VIERNES	SÁBADO
<p>Días Nacional Observados</p> <ul style="list-style-type: none"> Mes de la concienciación sobre el Alzheimer y el cerebro Mes nacional de la seguridad 18: Autistic Pride Day 19: Juneteenth 21-27: Helen Keller semana de concienciación sobre personas sordas y ciegas 		<p>1 Diario</p> <p>Este mes comienza un diario. En el diario escribe sobre cómo te sientes a lo largo del día y las diferentes cosas que sucedieron. Los niños pequeños pueden hacer dibujos u hablar sobre el día.</p>	<p>2 Ranas Musicales</p> <p>Es como las sillas musicales pero los jugadores saltan como ranas que se sientan en nenúfares (almohadas).</p>	<p>3 Juega a Atrapar</p> <p>Juega a atrapar con una pelota cualquiera y un familiar. Mantén la vista en la pelota y atrapa con las manos, no con el cuerpo.</p>	<p>4 Limbo</p> <p>Haz que 2 personas sostengan un palo de escoba. Túrmense pasando por debajo arqueando la espalda hacia atrás. Bajen el palo después de cada logro. ¿Qué tan bajo puedes llegar?</p> 	<p>5 Pose de Bote</p> <p>Sostén la pose del Bote 3 veces por 15 segundos.</p> 
<p>6 Esgrima de pies</p> <p>En pareja, pongan sus manos en los hombros del otro. Traten de tocar los pies del otro con sus pies, sin dejarse tocarse los propios.</p>	<p>7 El valor de una moneda</p> <p>¿Cuánto vale la moneda de un cuarto? Haz 25 de: Saltar Saltar Elevar rodillas Pasos hacia atrás</p>	<p>8</p> <p>Por la acera alterna salticar, caminar rápido y trotar.</p>	<p>9 Savasana</p> <p>El Yoga es excelente para aliviar el estrés. Prueba con Savasana, considerada una de las poses más difíciles. Te relaja y aclara tu mente.</p> 	<p>10 Veo Veo Caminando</p> <p>Sal a caminar con la familia mientras juegan "Veo Veo"</p>	<p>11 Arrástrate como Foca</p> <p>Boca abajo, brazos al frente. Usa los brazos para jalar tu cuerpo manteniendo las piernas y espaldas rectas.</p>	<p>12</p> <p>Pon tu canción favorita e inventa un baile o rutina de ejercicios.</p>
<p>13 Elige el Menú</p> <p>Habla con quien prepara la comida en casa. Elige comidas saludables y deliciosas.</p>	<p>14 Una Nota por la noche</p> <p>Escribe una nota de tus pensamientos antes de dormir y revisala el próximo día.</p>	<p>15 Saltos de Estrella</p> <p>Salta abriendo brazos y piernas como una estrella. Haz 10, descansa y repite.</p>	<p>16</p> <p>Ve a nadar a la piscina hoy. Diviértete con tus amigos y familiares mientras nadan en la piscina.</p>	<p>17 Despierta y Sacúdete</p> <p>Al pararte de la cama sacude tu cuerpo de cualquier manera por 10 segundos. ¿Ya te despertaste? Bien. Ahora salta 10 veces de arriba a abajo.</p>	<p>18 Un Minuto Consciente</p> <p>Por un minuto, piense solamente en tu respiración. Si tu mente comienza a vagar, pon la atención de nuevo en tu respiración. Autistic Pride Day</p>	<p>19</p> <p>Usando el enlace a continuación, aprenda sobre Juneteenth. Salga a caminar con un familiar o amigo y comparta lo que aprendió mientras camina. Juneteenth</p>
<p>20 Salto, Salto</p> <p>Salta de lado a lado sobre un objeto por 1 minuto seguido. Repite saltando de adelante a atrás. Repite cada salto dos veces.</p>	<p>21 Un Minuto Consciente</p> <p>Por un minuto, piense solamente en tu respiración. Si tu mente comienza a vagar, pon la atención de nuevo en tu respiración.</p>	<p>22 Equilibrio en la Acera con Tizas</p> <p>Dibuja varias líneas en el suelo con tiza. Camina sobre las líneas poniendo un pie delante del otro y manteniendo el equilibrio.</p>	<p>23 Perro Hacia Abajo</p> <p>Sostén la pose 3 veces X 20 segundos. Trata de levantar una pierna como reto adicional.</p> 	<p>24</p> <p>Juega afuera y corre sobre el regador de agua.</p>	<p>25 H-A-L-T-E-D</p> <p>HALTED significa hambriento, enojado, solitario, cansado, avergonzado, decepcionado. En los próximos días, preste atención a sus sentimientos. ¿Tiene a actuar de manera diferente cuando siente una de las letras en HALTED?</p>	<p>26 Caminata de Oso</p> <p>Sobre manos y pies camina moviendo la mano derecha y el pie izquierdo. Repite del otro lado. Continúa mientras atraviesas la habitación.</p>
<p>27 4 Paredes</p> <p>Haz un ejercicio diferente frente a cada pared del cuarto por 30 segundos</p> <ul style="list-style-type: none"> -deslice lateral -Paso cruzado izq. y der. -golpes con pies sep. -saltos verticales 	<p>28 Lectura y movimiento</p> <p>Escoge un libro para leer y selecciona un verbo (palabra de acción) que se repita muchas veces. Cada vez que leas ese verbo, párate y vuelve a sentarte.</p>	<p>29 Pose de Bebé Feliz</p> <p>Estira las piernas como desafío.</p> 	<p>30 Diario Parte 2</p> <p>Revisa tu diario del mes. ¿Escribiste algo todos los días? ¿Qué notó sobre cómo se siente durante el mes?</p>	<p>Durante este mes piensa en las actividades que hiciste durante el año. ¿Cómo cuidará su mente y cuerpo durante las vacaciones de verano?</p>	<p>SHAPE América recomienda que los niños en edad escolar acumulen al menos 60 minutos y hasta varias horas de actividad física al día. Cada sesión de actividad física debe terminar con estiramientos de enfriamiento que ayudan a reducir los dolores y a evitar lesiones.</p>	

Reproducido bajo autorización de la Sociedad de Educadores de la Salud y la Educación Física (SHAPE America por sus siglas en inglés) <http://www.shapeamerica.org/publications/resources/healthphysical-education-activities-calendar-4th>

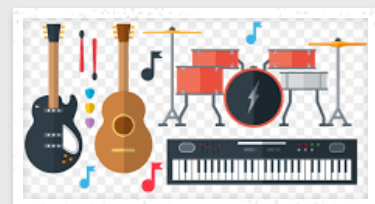
FROM MRS. GAVRILOV

The Pasadena Elementary Spring Concert will take place on Wednesday, June 9, 2021 at 7:00 pm. The concert will take place over Google Live. The link will be shared and posted to students chorus and instrumental music classrooms closer to the concert date.



MUSIC NOTES WITH MRS. DICKINSON

Congratulations! to all of this year's performers. I'm proud of you for working hard and trying something very new and different in an unusual school setting.



Pasadena ES Spring Concert will be virtually live on **Wednesday, June 9 @ 7PM.** [Use this link.](#) *Students will not be live during this presentation. They can sit back and listen with you.

Sign-ups for next year's program available [here](#) **June 1-11**. *Orchestra registration is open to all current 2nd through 4th graders. Band registration is open to all current 3 & 4th graders.* There will also be a brief registration period at the start of the next school year. Students can continue on the same instrument next year, try something new, or not play at all. Options can be explored and [registration completed here](#).

Summer Practice: If you intend to have your child keep their instrument over the summer, please check with Mrs. Dickinson for some fun exercises that will help maintain their skills. Check with your local communities, music stores, and colleges for Day Camp opportunities as well. **Need a musical activity for those rainy summer days?** Explore the [Online Resources](#) section of our [website](#) for some Note Reading Fun, Fingering Practice and other fun games!

Instrument Storage: When instruments are being stored they should be kept away from cooling/ heating vents, outside doors, windows, & anywhere that moisture collects. **Please try to avoid leaving it in cars for long periods of time as well.** Proper storage will help ensure that your child's instrument remains in good working order.

Future dates:

June 1-4: Instrumental classes *without* instruments. Final assessments for Beginning Strings.

June 3: Last **Beginning Strings** classes.

June 4: All school-owned instruments due back in the building.

June 1-11: [Registration](#) for next year's instruments open!

June 7-11 Final Instrumental classes & assessment for 4th & 5th grade Instrumental groups.

June 9 @ 7PM [Pasadena Elementary Virtual Spring Concert](#)

June 17: Instrumental Music Google Classrooms archived. Students can still access information, but will not be able to communicate with Mrs. Dickinson through that platform.

Have a great summer!

SCHOOL HEALTH WITH JESSICA SHIFFLETT

Greetings from the Health Room! I am the new school nurse assigned to Pasadena Elementary. I have a masters degree in nursing education and bachelors in nursing from Walden University. I have been a nurse for 17 years, and a school nurse for 4 years.

Medications should be picked up by June 18th at 2 pm.

Anne Arundel County Health Department is looking for new employees! Take a look at the advertisement and apply online today.



School Health Services Positions

The Anne Arundel County Department of Health is seeking RN's, LPN's and health assistants to provide health services for students in Anne Arundel County Public Schools for the upcoming school year. The positions include:

- Full-time and part-time positions
- No nights or weekends
- Summers off – follows the public school calendar
- Health Insurance and leave benefits
- 457 Deferred Compensation Plan

For more information or to obtain an application, please call 410-222-6838 or visit our website: www.aahealth.org. Smoke-Free Workplace. EOE.

#PANTHERSCARE

VALUES: Care, Achieve, Respect, Engage

VISION STATEMENT: We envision Pasadena Elementary to be a school where we maintain high expectations for academic standards through rigorous instruction. We will continue to foster a positive, caring school climate where we respect and value diversity and prepare individuals for success in higher learning and careers.



MISSION STATEMENT: Pasadena Elementary is dedicated to preparing students for college and career readiness, promoting academic excellence and citizenship for all students.

Anne Arundel County Public Schools NON-DISCRIMINATORY PRACTICE: Anne Arundel County Public Schools prohibits discrimination in its educational programs, and in employment, on the basis of actual or perceived race, color, religion, national origin, sex, age, marital status, sexual orientation, genetic information, gender identity, or disability. This prohibition pertains to enrollment in courses and program offerings, participation in school-sponsored activities, hiring, promotion, compensation, job classification, assignment, and all other functions and activities of the school system affecting either its student population or its employees. For inquiries regarding the non-discrimination policies, please contact:

Asha Smith, Senior Manager, EEO Compliance; Title IX Coordinator

asmith93@aacps.org

2644 Riva Rd., Annapolis, MD 21401

410-222-5286 or 410-222-5279 (fax)

The latest Tweets from Pasadena Elementary (@PES_AACPS). We are a K-5 school in Anne Arundel County; 2016 National Blue Ribbon; MD Blue Ribbon School; Green School; & AACPS Wellness School of Distinction. #PanthersCARE. Principal: Jennifer Quirino

